

GYMCO'S REGULAR
ACTIVITIES

OPEN GYM

12:00pm -1:00pm
Monday - Saturday

MEMBERS \$5 | NON-MEMBERS \$8

LUNCH BUNCH

12:00pm -2:00pm
Monday - Saturday

MEMBERS \$12 | NON-MEMBERS \$15

KIDS' NIGHT OUT

EVERY Friday Night
5:30-9:30pm at Gymco North

MEMBERS \$27 | NON-MEMBERS \$32

For a list of all clinics, events
and activities at Gymco, visit
the **Events Calendar** at
www.gymco.com.

GYMNASTICS CLASSES

EARLY WALKERS - HIGH SCHOOL | BOTH LOCATIONS

*Gymco's weekly gymnastics classes enroll year-round.
Classes start with early walkers in Parent & Tot,
and go through high school ages! Keep your
child active throughout the school year at Gymco!*

*Visit our website to view the Class Schedule and
select the day, time and location that works for you!*

AFTER SCHOOL CARE

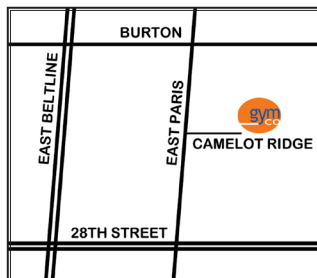
KIDS HAVE FUN...AND HOMEWORK GETS DONE!

*Gymco offers After School Care at both locations. Kids
spend time in the gym, enjoy a snack, then get some
homework done before heading back into the gym!*

*After School Care is a great way to keep kids active, get
help with homework and spend time with others through-
out the school year! Give us a call at either location to get
more details and sign up!*

www.gymco.com

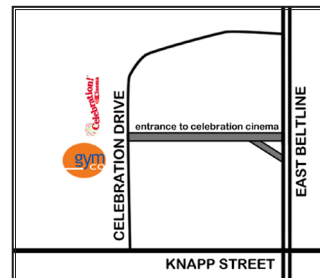
Register for activities and/or classes by contacting
the location of your choice, or visiting our website.



GYMCO SOUTH

2306 Camelot Ridge Court SE
Grand Rapids, MI 49546

phone. 616-956-0586
email. office@gymco.com



GYMCO NORTH

2121 Celebration Drive NE, Suite 200
Grand Rapids, MI 49525

phone. 616-570-0948
email. gymconorth@gymco.com



KIDS' NIGHT OUT | CLINICS | DAY CAMPS & MORE!

fall-winter 2013 ACTIVITY GUIDE

TWO GRAND RAPIDS LOCATIONS