



# Gymco's 2017/2018 class schedule

register online at: <http://gymco.com/gym-classes/>

check out any class with a FREE trial class

email [officeteam@gymco.com](mailto:officeteam@gymco.com) call (616) 956-0586 [www.gymco.com](http://www.gymco.com)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-9:55AM		<b>Mini Movers</b> open gym 0-4 yr		Parent & Tot 3 Year Old		
10-10:55AM	Parent & Tot 3/4 Year Old	Parent & Tot 3/4 Year Old	Parent & Tot 3 Year Old	Parent & Tot 3 Year Old 4/5 Year Old A/B Boys & Girls	3/4 Year Old	Parent & Tot 3/4 Year Old 5/6 Year Old A/B Girls
11-11:55AM	3 Year Old 4 Year Old	3/4 Year Old	3 Year Old 4 Year Old	Independent 2's 4/5 Year Old B/C Boys & Girls	Homeschool (3-6 Year Old)	3/4 year old A Girls A/B Boys B/C Girls
<b>12-12:55PM</b>	<b>open gym</b>	<b>open gym</b>	<b>open gym</b>	<b>open gym</b>	<b>open gym</b>	<b>open gym</b>
1-1:55PM		4/5 Year Old		Homeschool (3-6 Year Old) Homeschool (1 <sup>st</sup> Grade+)		
2-2:55PM		Homeschool (3-6 Year Old) Homeschool (1 <sup>st</sup> Grade+)	Homeschool (1 <sup>st</sup> Grade+)			
3-3:55PM	Level A Level B					
4-4:55PM	3 Year Old 4/5 Year Old A Boys A/B Girls C Girls	4/5 Year Old A/B Girls	4 Year Old 5/6 Year Old A Girls B Girls Beg/Int. Freestyle  XCEL Team Practice (4:30pm)	B/C Girls 4 Year Old  Special Fun (4:30pm – 5:25pm)  Pre-Team Practice (4:15-6:15)	XCEL Team Practice (4:30pm)	
5-5:55PM	Parent & Tot 3 Year Old 4/5 Year Old A Girls B Girls Beg. Freestyle	5/6 Year Old B/C Girls Int. Freestyle	A/B Girls B/C Boys C Girls Ninja (4-6 Year Old)  XCEL Team Practice	4/5 Year Old A Girls A/B Boys B/C Girls *Special Fun*	XCEL Team Practice	
6:15- 7:10PM	4 Year Old 5/6 Year Old A Girls B Girls D Girls (2 hours)	4 Year Old 5/6 Year Old A Girls B Girls D Girls (2 hour)	3/4 Year Old A/B Girls C/D Girls (2 hour) Tumbling Advanced Freestyle  XCEL Team Practice	Parent & Tot 3 Year Old 4 Year Old 5/6 Year Old A Girls B Girls C Girls (1 hour)	XCEL Team Practice (6:30pm)	
7:15- 8:10PM	C Girls (1 hour)  *D Girls*	Aerial Arts/Beginner  *D Girls*	*Advanced Freestyle* XCEL Team Practice (7:30pm)	Beginner Tumbling  Int./Adv. Tumbling		